

Spa Menu

Traditional Thai Massage

- 60 minutes 55,000 Kyats
- 90 minutes 65,000 Kyats
- 120 minutes 72,000 Kyats

Intense Massage

- 90 minutes 90,000 Kyats
- 120 minutes 100,000 Kyats

Myanmar Traditional Massage

- 60 minutes 55,000 Kyats
- 90 minutes 65,000 Kyats
- 120 minutes 72,000 Kyats

Thai Foot Massage

- 60 minutes 48,000 Kyats
- 90 minutes 59,000 Kyats
- 120 minutes 69,000 Kyats

Herbal Compress Chinese Foot Massage

- 90 minutes 90,000 Kyats
- Thai Herbal Compress (Add On)

Swedish Relaxing Massage

- 60 minutes 85,000 Kyats
- 90 minutes 95,000 Kyats
- 120 minutes 105,000 Kyats

Aromatherapy Relaxing Massage

- 90 minutes 130,000 Kyats
- 120 minutes 150,000 Kyats

Signature Strong Oil Massage

- 90 minutes 130,000 Kyats
- 120 minutes 150,000 Kyats

The Mommy Wellness Ritual

- 60 minutes 95,000 Kyats



Hot Candle Oil Massage

- 90 minutes 150,000 Kyats
- 120 minutes 170,000 Kyats

Stress Relief Back, Shoulder & Head Massage (*velvet Shoulder Embrace*)

- 45 minutes 59,000 Kyats
- 60 minutes 75,000 Kyats

Body Scrub (Hydro sense)

- 60 minutes 87,000 Kyats ++

Body Spa (Hydro sense)

- 90 minutes 140,000 Kyats ++

Cupping Aroma Therapy

- 45 minutes 55,000Kyats



Add On

Thai Herbal Compress

- 30 minutes 55,000 Kyats

Hot Stone

- 30 minutes 55,000 Kyats

Herbal Pad 25,000 Kyats

Jacuzzi

- Ice Bath.....30minutes..... 80,000 Kyats
- Red Wine30minutes..... 70,000 Kyats
- Detox30minutes..... 70,000 Kyats
- Milk Bath.....30minutes..... 70,000 Kyats

Sauna (30 Minutes)

- Charcoal Sauna..... 60,000Kyats
- Herbal Sauna 70,000 Kyats

Vip Room



HUSH
&
HEAL
Wellness Spa

Couples Harmony Package – Romantic + Relaxing (Perfect for anniversary, honeymooner)

(3.5 hr)

648,000 Kyats ++

(For 2 Persons)

- Shea Butter Body Scrub and Warp
- Romantic Red Wine Soak
- Couples Swedish Relaxing Massage
- Rose petal + candle ambiance
- Dessert
- Couples gift
- Champagne (Optional)

Hush & Heal Spa Package

(2.5 hr)

498,000Kyats

(For 2 Persons)

- Floral Foot Bath
- Shea Butter Body Scrub
- Sauna
- Aromatherapy Relaxing Massage (Hot Stone added)
- Refreshments



Vip Room



Signature Total Relaxation ————— (5 hrs)
1,030,000 Kyats+++

- Floral Foot Bath
- Shea Butter Body Scrub and Warp
- Swedish Relaxing Massage
- Vital Essence Hydration Facial
- Classic Shampoo & Blow Dry
- Refreshments

(For 2 Persons)

Eternal Radiance Ritual ————— (1.5 hrs)
440,000 Kyats+++

- Floral Foot Bath
- Eternal Charm Youth Facial
- Thai Foot Massage
- Refreshments

(For 2 Persons)



Pure Relaxation ————— (3 hrs)
645,000 Kyats+++

- Floral Foot Bath
- Sauna
- Shea Butter Body Scrub and Warp
- Aromatherapy Relaxing Massage
- Refreshments

(For 2 Persons)

Vip Room



**HUSH
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Wellness Spa

The Ultimate Body Renewal

(2.5 hrs)

450,000 Kyats+++

(For 2 Persons)

- Floral Foot Bath
- Sauna
- Shea Butter Body Scrub
- Swedish Relaxing Massage
- Refreshments

Royal Herbal Revival

(2 hrs)

410,000 Kyats+++

(For 2 Persons)

- Floral Foot Bath
- Herbal Sauna
- Thai Herbal Compress
- Swedish Relaxing Massage
- Refreshments



Couple Retreat

(2 hrs)

379,500 Kyats+++

(For 2 Persons)

- Floral Foot Bath
- Private Couple's Sauna
- Shea Butter Body Scrub & Warp
- Refreshments

Classic Package



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Wellness Spa

Lady Relax Package(2 hr).....152,000Kyats

- Salt Foot Scrub
- Swedish Relaxing Massage
- Aroma Head Oil Therapy
- Light Refreshments

Gentlemen Relax Package..... (2 hr)..... 150,000Kyats

- Salt Foot Scrub
- Swedish Relaxing Massage
- Classic Pedicure
- Light Refreshments

Mild & Body Renewal Package.....(2 hr)..... 160,000Kyats

- Salt Foot Scrub
- Shea Butter Body Scrub
- Aroma Head Oil Therapy
- Light Refreshments

Work Day Reset Package(2 hr)..... 150,000Kyats

- Salt Foot Scrub
- Stress Relief Back, Shoulder & Head Massage
- Thai Foot Massage
- Light Refreshments

The Signature Healing Experience.....(2hr)..... 135000Kyats

- Salt Foot Scrub
- Thai Traditional Massage
- Thai Herbal Compress
- Light Refreshments

Classic Package



**HUSH
&
HEAL**
Wellness Spa

Deep Sleep Experience(2 hr)..... 220,000Kyats

- Salt Foot Scrub
- Aromatherapy Relaxing Massage
- Aroma Head Oil Therapy
- Light Refreshments

The Signature Couple's Escape(3 hr)..... 480,000Kyats

- Salt Foot Scrub
- H&H Signature Head Spa
- Facial Treatment
- Light Refreshments



H&H Hot Oil Head Therapy..... 130,000Kyats

- Aroma Hot Oil Head Massage with comb acupressure
- Scrub Shampoo for the scalp
- Upper Body hot oil Massage with Hot Stone
- Ear Massage
- Ear Candle (add on)

Classic Shampoo & Blow Dry

- Chin Length 30,000 Kyats
- Shoulder Length..... 35,000 Kyats
- Bra Length..... 40,000 Kyats
- Super Length..... 45,000 Kyats
- Hair Mask 52,000 Kyats (up to Bra Length),
85,000 Kyats (Super Length)

Classic Package



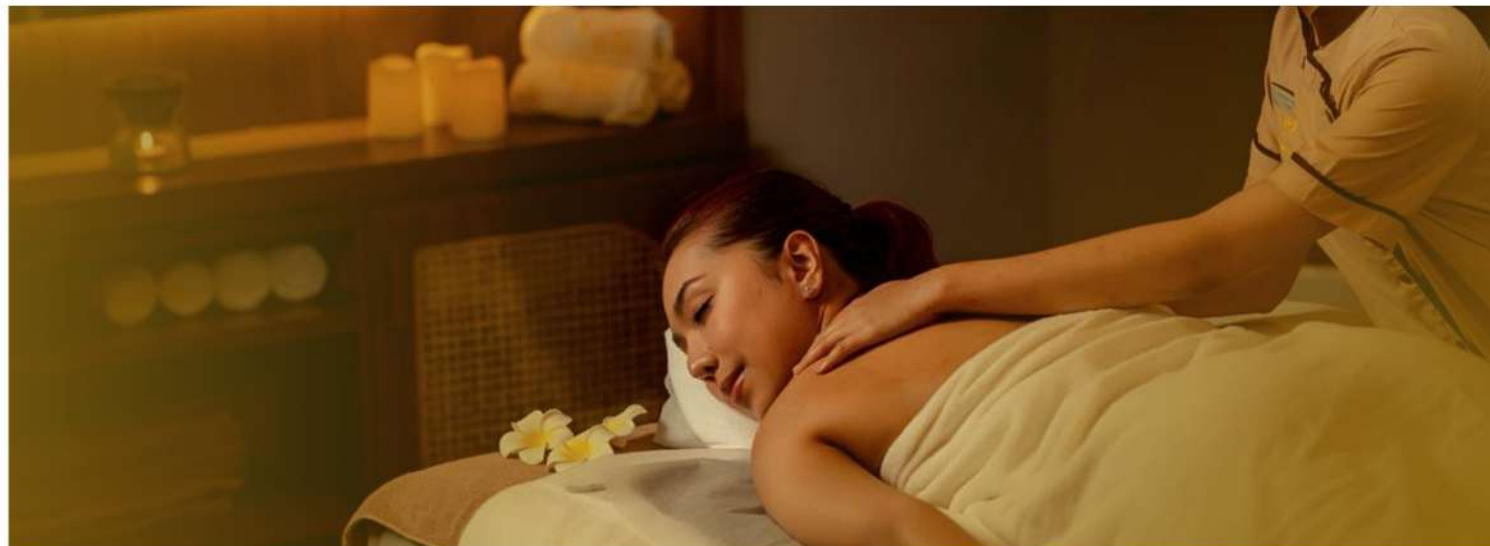
**HUSH
&
HEAL**
Wellness Spa

Imperial Wellness Journey (2.5 hrs) 210,000 Kyats+++

- Salt Foot Scrub
- Sauna
- Aromatherapy Relaxing Massage
- Classic Shampoo & Blow Dry
- Light Refreshments

Oriental Herbal Foot Ritual (1.5 hrs) 135,000 Kyats+++

- Salt Foot Scrub
- Chinese foot
- Thai Herbal Compress
- Light Refreshments



Aqua Luxe Retreat (3 hrs) 230,000 Kyats+++

- Salt Foot Scrub
- Sauna
- Shea Butter Body Scrub and Warp
- Classic Shampoo & Blow Dry
- Light Refreshments

Classic Package

Classic Pedi & Foot Revival (2 hrs) 110,000 Kyats+++

- Floral Foot Soak
- Classic Pedicure
- Thai Foot Massage
- Light Refreshments



Classic Mani & Hand Ritual (2 hrs) 99,000 Kyats+++

- Floral Hand soak
- Classic Manicure
- Thai Foot Massage
- Light Refreshments

Crystal Contour & Thai Foot Ritual (1.5 hrs) 205,000 Kyats+++

- Salt Foot Scrub
- Crystal Contour Sculpting Ritual
- Thai Foot Massage
- Light Refreshments

Signature Head Spa



 **150,000 Ks**

 **120Min**

Facial treatment



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Wellness Spa

Luminous Pearl Facial 300,000 Kyats

- Infused with pearl extract to brighten, even skin tone and reveal a luminous glow.

Imperial Lift Facial 320,000 Kyats

- Advanced lifting therapy to firm, tone and restore youthful elasticity.

Vital Essence Hydration Facial 250,000 Kyats

- Deeply hydrates and replenishes moisture for plump, dewy and healthy-looking skin.

Eternal Charm Youth Facial 180,000 Kyats

- Revitalizes and nourishes tired skin, promoting a smoother, youthful complexion.

Crystal Clear Detox Facial250,000 Kyats

- Deep cleansing treatment to detoxify, purify and clarify troubled skin.

Perfect Pore Balance Facial 90,000 Kyats

- Targets enlarged pores, controls oil and refines skin texture for a smooth finish.



ADD-ON

Crystal Contour Sculpting Ritual 150,000 Kyats

- Sculpt and define facial contours, reduces puffiness, and enhance natural radiance.

Regenerating Mask 170,000 Kyats

- Nourishing mask that soothes, repairs and revitalizes the skin.

Nail menu

Hand Care

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1. **Express Manicure** 30 minutes..... 30,000 Kyats
• A quick and efficient option including cuticle care, nail filling and polish.
 2. **Classic Manicure** 60minutes..... 55,000Kyats
• Bubble soak, cuticle care, nail filing and polish .
• Apply sugar scrub and lotion finish.
 3. **Hand Spa**..... 120 minutes..... 75,000Kyats
• Bubble Soap +Classic Manicure+ Mask +Lotion
• Apply sugar scrub and mask with hot towel wrap.
• Finish lotion massage.

Foot Care

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1. **Express Pedicure**.....40minutes..... 35,000 Kyats
• A quick and efficient option including cuticle care, nail filling and polish.
 2. **Classic Pedicure**.....60minutes..... 65,000 Kyats
• Bubble soak, cuticle care, nail filling and polish.
• Apply sugar scrub and lotion finish.
 3. **Foot Spa**.....120minutes..... 83,000 Kyats
• Bubble Soap +Classic Pedicure+ Mask +Lotion
• Apply sugar scrub and mask with hot towel wrap.
• Finish lotion massage

Add - Ons

- Gel off 15,000 Kyats /set
- Gel off Design 20,000 Kyats /set
- Extension Removal 30,000 Kyats/set
- Apply One Color Gel 40,000 Kyats+++ /set
- Gilter 50,000 Kyats/set
- Cat Eye 60,000 Kyats/set

Nail menu

- **Overlay** 38,000 Kyats+++
- **Chrome** 48,000 Kyats
- **French Nail** 50,000 Kyats
- **Ombre** 50,000 Kyats
- **Marble** 48,000 Kyats
- **Half Gel Extension** 85,000 Kyats
- **Full Gel Extension** 50,000 Kyats+++
- **Glue Extension** 38,000 Kyats



Nail Designs

- **Accessories** 500 Kyats to 20,000 Kyats

Nail Package

- **Express Manicure + Nail Extension
+ Gel One Colour** 140,000 Kyats+++
- **Foot Spa + Nail Extension
+ Gel One Colour** 175,000 Kyats+++

Waxing



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&
HEAL**
Wellness Spa

- **Underarm Waxing 50,000 Kyats**
- **Bikini Waxing 75,000 Kyats**
- **Brazillian Waxing 95,000 Kyats**
- **Half Leg Waxing 85,000 Kyats**
- **Full Leg Waxing 110,000 Kyats**



- **Half Arm Waxing 75,000 Kyats**
- **Full Arm Waxing 100,000 Kyats**
- **Tummy Waxing 70,000 Kyats**
- **Shoulder Waxing 50,000 Kyats**

- **Chest Waxing** 110,000 Kyats
- **Eyebrow Waxing** 50,000 Kyats
- **Upper Lip Waxing** 40,000 Kyats
- **Lower Lip Waxing** 40,000 Kyats
- **Upper Chin Waxing** 45,000 Kyats



- **Lower Chin Waxing** 45,000 Kyats
- **Full Face Waxing** 120,000 Kyats
- **Nose Waxing** 50,000 Kyats
- **Full Beard Waxing** 70,000 Kyats